



## PRESIDENT SOLITAIRE

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T H E  
D I N I N G  
R O O M

S P A C U I S I N E





### SALADS

CITRUS SALAD	180
Pomelo, orange, lemon segments and lettuce tossed in sherry vinaigrette and flavoured with basil	
WARM ASIAN SALAD	180
Mesclun, carrots, broccoli mixed with honey, soy sauce and sesame oil	
YOGHURT & SPICED APPLE SALAD	180
Wedges of apple spiced with ground cinnamon, raisins and sunflower seeds in non-fat plain yoghurt with lime	
FISH'S DEVIL	200
Grilled lean fish and vegetables blended with mustard dressing	
CHICKEN IN CANTALOUPE BOAT	200
Rosemary flavoured grilled lean chicken breast seasoned and served in cantaloupe boat	

### SOUPS

HARVEST PUMPKIN & GARLIC SOUP	130
Roasted yellow pumpkin & garlic soup flavoured with nutmeg	
CUCUMBER & CANTALOUPE GAZPACHO	130
Marinated cucumber & cantaloupe puree served chilled	
CHICKPEAS & SPINACH SOUP	130
Spinach and chickpeas soup flavoured with garlic and parsley	
COUNTRY TOMATO BROTH	130
Organic tomato broth flavoured with cumin and cilantro	

### MAIN COURSES

TRIO SUCCOTASH	140
Vegetable stew made from fire-roasted corn, black-eyed beans and zucchini	
VEGETABLE FRITATA	140
Strips of bell pepper, onions & mushrooms blended with eggless mixture and cooked on griddle	

BAKED GRAINS PILAF	140
Medley of jasmine rice and bulgur wheat spiced with jalapenos & baked with dry fruits	

PASTA WITH OLIVES & CAPERS	200
Whole wheat pasta tossed in extra virgin olive oil with olives, diced tomatoes & capers	

GRILLED SEITAN CHICKEN WITH AVOCADO	200
Vegeterian mock chicken made from soy protein grilled & served with seasoned avocado wedges	

AVOCADO ANGEL EGGS	150
Hard boiled egg whites stuffed with guacamole and served on a bed of sautéed spinach	

STEAMED FISH WITH HERBS	300
Lemon & wasabi marinated boneless snapper fillet enveloped with celery & leeks, steamed and served with brown rice and steamed vegetables	

SOY GLAZED SNAPPER	300
Soy sauce & ginger root marinated snapper fillet grilled, served on bed of brown rice and stir-fried greens	

ORANGE TEA POACHED CHICKEN	220
Lean chicken breast poached in tea decoction, orange juice and served with stir-fried pok choi	

BEEF HASH	250
Diced lean beef combined with potatoes, red onions; cooked on a griddle and served with hard boiled egg whites	

### DESSERTS

FRESH FRUITS PLATTER	140
Freshly carved cantaloupe, guava, pineapple, papaya served with lemon and mint	

SUGAR FREE LOW CALORIE ICE CREAM	100
Please ask your server for our selection	

HONEYED APPLE	90
Peeled apple wedges spiced with cinnamon, grilled and topped with lemon honey sauce	

BERRY SUNDAE	110
Plain low fat yoghurt seasoned with lemon juice and blue berries topped with mango emulsion	



Fish's Devil



Chicken in Cantaloupe Boat



Soy Glazed Snapper



Orange Tea Poached Chicken